





PHYSICAL EXAMINATION FORM

Name:			Date of Birth:
Physician Reminders:			
Consider additional questions on more sensitive issues.			
 Do you feel stressed out or under a lot of pressure? 			
Do you ever feel sad, hopeless, depressed, or anxious?			
 Do you feel safe at your home or residence? 			
Have you ever tried cigarettes, chewing tobacco, snuff, c	or dip?		
During the past 30 days, did you use chewing tobacco, snuff or dip?			
 Do you drink alcohol or use any other drugs? 			
Have you ever taken anabolic steroids or used any other performance supplements?			
 Have you ever taken any supplements to help you gain or lose weight or improve your performance? 			
		performance?	
Do you wear a seat belt, use a helmet, and use condoms	(O		
Consider reviewing questions on cardiovascular symptoms (Questions 5-14). EXAMINATION Output Description:			
	Larra		
Height:	Weight:		☐ Male ☐ Female
BP: / (/)	Pulse:	Vision: R 20/ L 20/	Corrected: ☐ Yes ☐ No
MEDICAL	NORMAL	ABNORMAL FINDINGS	
Appearance			
Marfan stigmata (kyphoscoliosis, high-arched palate, pectus)			
excavatum, arachnodactyly, arm span>height, hyperlaxity,			
myopia, MVP, aortic insufficiency)			
Eyes/Ears/Nose/Throat			
Pupils equal			
Hearing			
Lymph Nodes			
Heart*			
Murmurs (auscultation standing, supine, +/- Valsalva)			
Location of point of maximal pulse (PMI)			
Pulses			
Simultaneous femoral and radial pulses			
Lungs			
Abdomen			
Genitourinary (males only)**			
Genitourinary (males only)** Skin			
Skin			
Skin HSV, lesions suggestive of MRSA, tinea corporis			
Skin MSV, lesions suggestive of MRSA, tinea corporis Neurologic***	NORMAI	ARNORMAL FINDINGS	
Skin MSV, lesions suggestive of MRSA, tinea corporis Neurologic*** MUSCULOSKELETAL	NORMAL	ABNORMAL FINDINGS	
Skin MSV, lesions suggestive of MRSA, tinea corporis Neurologic*** MUSCULOSKELETAL Neck	NORMAL	ABNORMAL FINDINGS	
Skin MSV, lesions suggestive of MRSA, tinea corporis Neurologic*** MUSCULOSKELETAL Neck Back	NORMAL	ABNORMAL FINDINGS	
Skin HSV, lesions suggestive of MRSA, tinea corporis Neurologic*** MUSCULOSKELETAL Neck Back Shoulder/arm	NORMAL	ABNORMAL FINDINGS	
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Skin HSV, lesions suggestive of MRSA, tinea corporis Neurologic*** MUSCULOSKELETAL Neck Back Shoulder/arm Elbow/forearm Hip/thigh	NORMAL	ABNORMAL FINDINGS	
Skin HSV, lesions suggestive of MRSA, tinea corporis Neurologic*** MUSCULOSKELETAL Neck Back Shoulder/arm Elbow/forearm Hip/thigh Knee	NORMAL	ABNORMAL FINDINGS	
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*NOTE: Please refer to the MSHSAA Sports Medicine Manual, Page 2.