

Rachael Shannon

- Rachael has been a volunteer coach at CBC for 1 year, and will be entering this season as the Junior Varsity coach. She is currently an assistant woman's coach at Missouri Baptist University, and is a former member of Lindenwood's woman's wrestling team, where she graduated.
- 2x National Team Member
- 2x Pan-Am Finalist (1st-2011)
- 2x WCWA All-American
- 8x USAW All-American
- 2x Alaska State Freestyle Finalist
- 4x Alaska Women's Folkstyle State Champion

