

2018

CALENDAR YEAR

JANUARY

CALENDAR MONTH



SUNDAY

FIRST DAY OF WEEK



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31	01	02	03	04	05	06
07	08 Lifting 3:05-4:45 PM	09	10 Lifting 3:05-4:45 PM	11	12 Morning Agilities 6:30-7:25 AM Lifting 3:05-4:45 PM	13
14	15	16 Lifting 3:05-4:45 PM	17 Lifting 3:05-4:45 PM	18	19 Morning Agilities 6:30-7:25 AM Lifting 3:05-4:45 PM	20
21	22 Morning Agilities 6:30-7:25 AM Lifting 3:05-4:45 PM	23	24 Lifting 3:05-4:45 PM	25	26 Morning Agilities 6:30-7:25 AM <u>WR</u> Lifting 3:05-4:45 PM	27
28	29 Morning Agilities 6:30-7:25 AM <u>WR</u> Lifting 3:05-4:45 PM	30	31 Lifting 3:05-4:45 PM	01	02	03
04	05	06	07	08	09	10

2018

CALENDAR YEAR

FEBRUARY

CALENDAR MONTH



SUNDAY

FIRST DAY OF WEEK



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	31	01	02 Morning Agilities 6:30-7:25 AM Lifting 3:05-4:45 PM	03
04	05 Morning Agilities 6:30-7:25 AM <u>WR</u> Lifting 3:05-4:45 PM	06	07 Lifting 3:05-4:45 PM	08	09 Morning Agilities 6:30-7:25 AM Lifting 3:05-4:45 PM	10
11	12 Morning Agilities 6:30-7:25 AM <u>WR</u> Lifting 3:05-4:45 PM	13 Lifting 3:05-4:45 PM	14 Lifting 3:05-4:45 PM	15	16 Morning Agilities 6:30-7:25 AM Lifting 3:05-4:45 PM	17
18	19	20 Lifting 3:05-4:45 PM	21 Lifting 3:05-4:45 PM	22	23 Morning Agilities 6:30-7:25 AM Lifting 3:05-4:45 PM	24
25	26 Spring Sports Begin Lifting 3:05-4:45 PM	27	28 Lifting 3:05-4:45 PM	01	02	03
04	05	06	07	08	09	10

2018

CALENDAR YEAR

MARCH

CALENDAR MONTH



SUNDAY

FIRST DAY OF WEEK



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
25	26	27	28	01	02 Lifting 3:05-4:45 PM	03
04	05 Lifting 3:05-4:45 PM	06	07 Lifting 3:05-4:45 PM	08 Lifting 3:05-4:45 PM	09 No School	10
11	12 Lifting 3:05-4:45 PM	13	14 Lifting 3:05-4:45 PM	15	16 Lifting 3:05-4:45 PM	17
18	19 Lifting 3:05-4:45 PM	20	21 Lifting 3:05-4:45 PM	22	23 Lifting 3:05-4:45 PM	24
25	26 Spring Break	27 Spring Break	28 Spring Break	29 Spring Break	30 Spring Break	31
01	02	03	04	05	06	07

2018

CALENDAR YEAR

APRIL

CALENDAR MONTH



SUNDAY

FIRST DAY OF WEEK



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
01	02 Lifting 3:05-4:45 PM	03	04 Lifting 3:05-4:45 PM	05	06 Lifting 3:05-4:45 PM	07
08	09 Lifting 3:05-4:45 PM	10	11 Lifting 3:05-4:45 PM	12	13 Lifting 3:05-4:45 PM	14
15	16 Lifting 3:05-4:45 PM	17	18 Lifting 3:05-4:45 PM	19	20 Lifting 3:05-4:45 PM	21
22	23 Lifting 3:05-4:45 PM	24	25 Lifting 3:05-4:45 PM	26	27 Lifting 3:05-4:45 PM	28
29	30 Lifting 3:05-4:45 PM	01	02	03	04	05
06	07	08	09	10	11	12

2018

CALENDAR YEAR

MAY

CALENDAR MONTH



SUNDAY

FIRST DAY OF WEEK



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	01	02 Lifting 3:05-4:45 PM	03	04 Lifting 3:05-4:45 PM	05
06 Lifting 3:05-4:45 PM	07	08	09 Lifting 3:05-4:45 PM	10	11 Lifting 3:05-4:45 PM	12
13 Lifting 3:05-4:45 PM	14	15	16 Lifting 3:05-4:45 PM	17	18 Lifting 3:05-4:45 PM	19
20	21 Exams No Lifting	22 Exams No Lifting	23 Exams No Lifting	24 Exams No Lifting	25	26
27	28 Off--Memorial Day	29 Mini Camp Varsity 7-9 AM SO/FR 8:45-11 AM	30 Mini Camp Varsity 7-9 AM SO/FR 8:45-11 AM	31 Mini Camp Varsity 7-9 AM SO/FR 8:45-11 AM	01	02
03	04	05	06	07	08	09

2018

CALENDAR YEAR

JUNE

CALENDAR MONTH



SUNDAY

FIRST DAY OF WEEK



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	31	01	02
03	04 Camp Week 1 Varsity/JV 7-9 AM Fresh 8:45-11AM	05 Camp Week 1 Varsity/JV 7-9 AM Fresh 8:45-11AM	06 Camp Week 1 Varsity/JV 7-9 AM Fresh 8:45-11AM	07 Camp Week 1 Varsity/JV 7-9 AM Fresh 8:45-11AM	08 FZE Varsity Scrimmage TBA Fresh 8:45--11 AM	09 FZE Varsity Scrimmage TBA Fresh Scrimmage PW TBA
10	11 Lifting/Conditioning 7-9:30 AM	12 Lifting/Conditioning 7-9:30 AM	13 Lifting/Conditioning 7-9:30 AM	14 Lifting/Conditioning 7-9:30 AM	15	16
17	18 Lifting/Conditioning 7-9:30 AM	19 Lifting/Conditioning 7-9:30 AM	20 Lifting/Conditioning 7-9:30 AM	21 Lifting/Conditioning 7-9:30 AM	22	23
24	25 Lifting/Conditioning 7-9:30 AM	26 Lifting/Conditioning 7-9:30 AM	27 Lifting/Conditioning 7-9:30 AM	28 Lifting/Conditioning 7-9:30 AM	29	30
01	02	03	04	05	06	07

2018

CALENDAR YEAR

JULY

CALENDAR MONTH



SUNDAY

FIRST DAY OF WEEK



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
01	02 Lifting/Conditioning 7-9:30 AM	03 Lifting/Conditioning 7-9:30 AM	04 Off	05 Off	06	07
08	09 Lifting/Conditioning 7-9:30 AM	10 Lifting/Conditioning 7-9:30 AM	11 Lifting/Conditioning 7-9:30 AM	12 Lifting/Conditioning 7-9:30 AM	13	14
15	16 Lifting/Conditioning 7-9:30 AM	17 Mini Camp Varsity 7-9 AM SO/FR 8:45-11 AM	18 Mini Camp Varsity 7-9 AM SO/FR 8:45-11 AM	19 Mini Camp Varsity 7-9 AM SO/FR 8:45-11 AM	20	21
22	23 Camp Week 2 Varsity/JV 7-9 AM Fresh 8:45-11AM	24 Camp Week 2 Varsity/JV 7-9 AM Fresh 8:45-11AM	25 Camp Week 2 Varsity/JV Glencoe TBA Fresh 8:45-11AM	26 Camp Week 2 Varsity/JV Glencoe TBA Fresh 8:45-11AM	27 Camp Week 2 Varsity/JV Glencoe TBA Fresh 8:45-11AM	28 Dead Week
29 Dead Week	30 Dead Week	31 Dead Week	01	02	03	04
05	06	07	08	09	10	11

2018

CALENDAR YEAR

AUGUST

CALENDAR MONTH



SUNDAY

FIRST DAY OF WEEK



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	31	01 Dead Week	02 Dead Week	03 Dead Week	04 Dead Week
05 Dead Week	06 Mandatory Practice #1	07	08	09	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	01
02	03	04	05	06	07	08